

Carmel Valley

CARRIER PRE-SORT

FREE**February 19, 1986 – March 5, 1986**

Chamber to help starting businesses.

Stormy days
and they're
not over yet.
— Page 4

Comparing our films with theirs.

— Page 6

LETTERS

Expressing A View

I would like to take this time to express my views on the *Carmel Valley Sun*; including my likes and dislikes; and, also to offer some suggestions as to how it may be improved.

First of all, I am happy that Carmel Valley even has its own local paper. I have been a reader of the *Sun* for some time now, and it is precisely for this reason that I am writing to you. I am concerned because I am noticing that the newspaper is declining in quality. What gave the *Sun* its unique characteristic was the stories of the "Old Days" and the articles on the history of Carmel Valley. There are so many "old timers" here that are full of wonderful and interesting stories that would link us to the distinct western flavor of the Valley.

Without contradicting myself, I also feel that the current articles are not as up-to-date as they could be. Many important, vital issues are not being discussed. For example, septic systems, rights of property owners, etc. Because of the building restrictions and the inaffordability of housing, here, many of our children are having to move away from their families to relocate! And why not write an article on the local fishing—an event taking place right now! It's surprising to see that it has not been mentioned as of yet.

Overall, I think the paper needs to take a stronger stand. I understand that the advertisements are what support the paper; but, readers, like me, want to see more controversial issues discussed, like: housing development, flood plains, etc. Personally, I am getting discouraged from reading the *Sun* when I know that the majority of its contents are advertisements. Perhaps the ads could serve the community in some small way. Why not donate some free classifieds ads for summer employment for kids? It would be one way of helping our future generation. I always like to see the *Sun* commending kids on their achievements (like the Feb. 5, 1986 issue).

"Valley Voices" is a good idea too. It helps expose the local merchants which helps the readers remember them. This is good publicity. I am, however, concerned about the quality of the questions and answers. For example, in the November 27, 1985 issue, two kindergarteners were asked, "What is Thanksgiving?" Both of their responses were, "I don't know." It

seemed as though their answers and photos were put in just to fill space. I hope you agree that it is important that "Valley Voices" be kept interesting and thought-inducing.

In regards to the front page photos, I feel that they could be better. They take up a lot of room; yet, for the most part, they are not very intriguing. For example, in the December 26, 1985 issue, the picture was of a sky. The January 8, 1986 issue, the picture was of an orchard. The January 22, 1986—a pond. Even February 5th's issue was a picture taken in October at the Carmel Valley Trail and Saddle Club on Rancher's Day. Surely, the front page deserves a more significant photo which would have a greater impact on its readers. Why not show a picture of the fishermen who are flocking to the river? Or a picture of "Rosie's Bridge"—a bridge on which there have been and continues to be many accidents because people do not know that it is unsafe and very dangerous when it is wet. These are issues that are happening now and that could benefit our community. There are so many issues that concern us, like, sewers, trails, the Carmel Valley Village Improvement Committee. Rarely is there anything ever written about these topics.

The Chamber Connection, which is consistently in the *Sun*, is an exact duplicate of the newsletter the Chamber of Commerce sends out to all those involved and/or interested. Those who are genuinely interested already receive the information. Those who are not interested probably don't bother to read the "Chamber Connection" in the *Sun*. Perhaps a more vital subject could be discussed in its place.

In conclusion, I would like to see the *Carmel Valley Sun* with a stronger core. The paper should balance between "The good ol' days" and the current events and issues of vital interest. The paper should include stories and anecdotes that would depict the western heritage of the Valley; and, up-to-date issues and topics should be presented and discussed. I feel that the advertisements should somehow benefit the community if they are going to continue to fill the pages of the newspaper. "Expressions", "Valley Voices", and all photos should be considered to maintain a high level of interest and relevance to its readers.

I enjoy reading the *Carmel Valley*

Sun for its articles, information, and events. We must not let it become a "gossip paper" nor should its primary function be to promote commercialism. I am confident that the *Valley Sun* can be a paper we can all be proud of.

I do not want this letter to come across as someone just bickering and

complaining. I am prepared to offer one possible solution if you are short-staffed. Danielle Dufayet, who presently works for me, could be available on a limited basis in assisting you with writing articles, commentaries, and/or editorials.

Please feel free to contact us.

H. Stewart Clough

Flash!
Asparagus & Artichokes
are in!

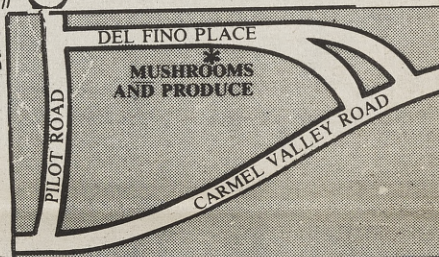
WHOLESALE
RETAIL
659-5107

Denis Thush & Family

YOUR VALLEY GREEN GROCER
**MUSHROOMS
& PRODUCE**



Hours: 10-6 M-F
9-1 SAT



PLAZA LINDA SALSA
—ALSO—
DAIRY AND SODA DRINKS
TRAIL MIXES, MRS. RENFRO'S SALSAS

8 DEL FINO PL CARMEL VALLEY VILLAGE



**Carmel
Valley
Market**

Sewing Notions • Tennis Shoes
Sweaters • T-Shirts
Briefs • Socks

659-2472

Grocery

Complete • Gourmet • Imported
Marmalades • Chutney

Produce

• Fresh Daily
Liquor

Complete Line • Beer-Domestic & Imported
Wines from 18 Countries

Get your winning Lottery ticket here!

Meat

USDA Choice Meats • Fresh Fish • Poultry



LOCATED IN THE VILLAGE BEHIND WILL'S FARGO AND
THE TEXACO STATION • HOURS 8:00 A.M. to 8:00 P.M.
SUNDAY 8:00 A.M. to 7:00 P.M.

Ben Artellan, Manager
(formerly of Liquor Barn)

Free Delivery in the Village
Randy Randazzo, Owner

CARMEL VALLEY



FLOORS

Factory Direct To You!

Firth • Magee • Callaway • Congoleum
• Armstrong • Mannington • Ozite

Also Hardwood

Visit our new retail store and showroom
See the most current products

NOW OPEN SATURDAY 10-2

Village Dr. & Carmel Valley Road 659-4517

Free Estimates by Appointment
25 Years Quality
Installation of All Major
Lines of Carpet and Vinyl

Haber Appointed To Emergency Medical Committee

The Board of Supervisors recently appointed Ed Haber to Monterey County's Emergency Medical Services Committee. Haber, president of Quail Lodge and Carmel Valley Golf and Country Club, has been a resident of Carmel Valley for 38 years.

The Emergency Medical Care Committee reviews the ambulance services, emergency medical care and first aid practice in the county. This committee also serves to collect data on the use of emergency medical services, establish recommended standards for the delivery of emergency medical services and assist in the

development of comprehensive plans for the establishment and operation of an emergency medical services system within the County.

Haber was instrumental in the formation of the Mid Valley Fire protection District and served on its Board of Directors as well as that of Community Hospital. He has also served as a long time volunteer with the Monterey County Sheriff's Department. "With his varied background and record of community service, Mr. Haber will be a major asset to the Committee," Fifth District Supervisor Karin Strasser Kauffman said.

The Monterey Peninsula Water Management District will hold a workshop on the San Clemente Dam Thursday, February 27, at 2 p.m. in the Monterey County Courthouse Environmental Health Meeting Room, 1200 Aguajito Rd. To be discussed will be the sizing of the San Clemente Dam

for the environmental impact report.

During the workshop participants will review the model of the dam, consider shortfall criteria, fishery mitigation, project yield and sizing determination.

The meeting is open to the public.

Fairgrounds To Host American Indian Arts

American Indian art will be featured at the Monterey County Fairgrounds on March 7, 8 and 9.

Sponsored by the American Indian Traders Guild, the Monterey Bay American Indian Show and Sale features handmade jewelry, rugs, Kat-china dolls, pottery and baskets. There will also be demonstrations by artists, traditional dances and a variety of food.

Admission is \$2 adults, \$1 children under 12.

For more information call the Monterey County Fairgrounds.

CUSD Trustees Will Meet

The Carmel Unified School District Board of Trustees will meet at 7 p.m. Feb. 25 at the Carmel Middle School. The meeting is open to the public.



This photo of Owens Smith and Mark Zeher won Peter McArthur second place.

CIG Photographic Competition Winners Announced

Three Monterey Peninsula photographers captured the top awards in the second annual California Insurance Group Photographic Competition, President Charlie Bancroft announced.

Winning images will be showcased in the CIG's 1985 Annual Report, exhibited for six weeks at the Monterey Conference Center, and displayed at cities where the property-casualty insurance company has branch offices.

"This is the only photographic competition in the U.S. that uses a corporate annual report to help encourage fine photographic art," Bancroft stated. "More important, though, is the chance to recognize and encourage amateur and professional

photographers from the Central Coast region."

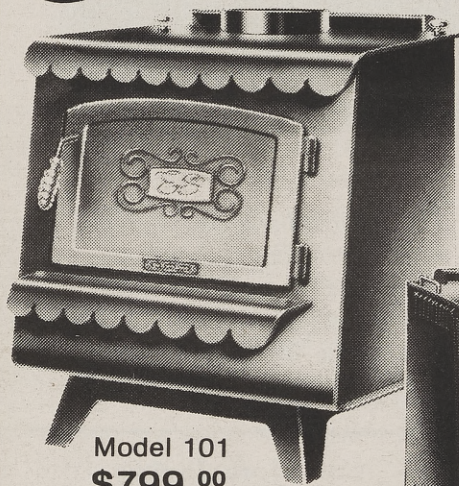
The theme was People of the Central Coast. Judges were Martha Pearson Casanave of Monterey, Dale Flynn of Los Osos, and Don Gruber of Pacific Grove.

Carmel's Brad Cole won the \$300 first prize, while Peter McArthur of Carmel Valley won the \$150 second prize, and Edna Bullock of Monterey won the \$200 President's Award.

The Conference Center exhibit will be hosted by the Monterey peninsula Museum of Art, with an opening reception for winners and other entries selected for exhibit from 5 to 7 p.m. on Friday, Feb. 28.

Sale Energy Plus

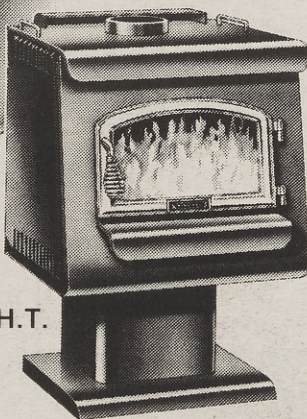
26362 A Carmel Rancho Lane, Carmel Rancho Shopping Center 625-1201



Model 101
\$799.00

MODEL 101

- Automatic Thermostat
- Patented Combustion System
- Mobile Home Approved
- 8" Backwall Clearance
- Charcoal Gray



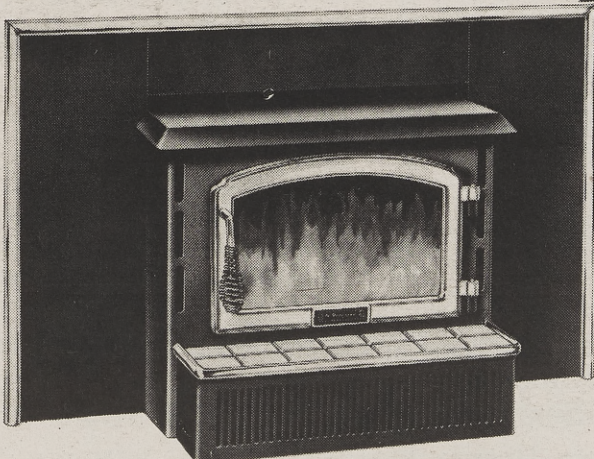
Model 1002 H.T.
\$895.00

MODEL 1002 (HI-TECH)

- Solid Brass Door
- Stay Clean Glass System
- Goldenfire Brown
- 2" Backwall Clearance
- Dual Range Thermostat
- Turbo Baffle Burn System
- Optional Fan System

MODEL 2002 HT FEATURES

- Approved for masonry and zero clearance fireplace
- 1/4" plate steel firebox
- Firebrick floor and baffling
- Solid brass door
- Etched hi-temp glass
- Variable speed, high output blower
- Surround with brass trim
- Changeable tile hearth, brass trim
- New high efficiency combustion system
- Goldenfire brown high-temp paint
- 5-year limited warranty



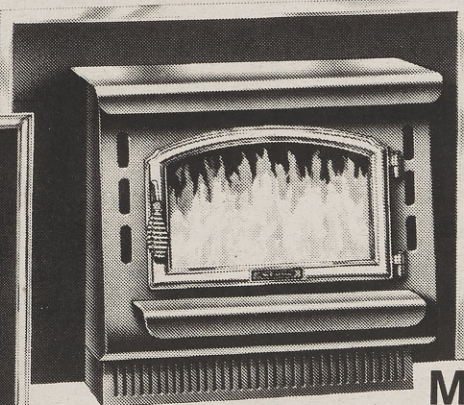
Model 2002 H \$989.00

Efficiency/Emissions Test Results

Certain models of The Earth Stove have been tested to comply with some state and local emissions standards. Test results alone do not necessarily make one stove "better than" another, as the aesthetics, intended use, installation requirements and other factors will obviously influence your choice.

Model	Particulate Emissions Grams/Hours	Combustion Efficiency	BTU Output
1002 "HT"	5.6 ¹	87.7	45,000
101/1001 *	6.7 ²	88.2	37,000/27,000

(With Super Cat)*



Model C202B
\$1159.00

MODEL C202B

- Full Size Insert
- Automatic Thermostat
- Large Fireview... Solid Brass Door
- Built-in Cooktop
- Variable Speed Fan

CON TENTS

Letters.....	page 2
News.....	page 3
Storms.....	page 4
Clubs.....	page 5
Entertainment.....	page 6
Business.....	page 7
Health.....	page 8
Columns.....	page 10
Valley Voices.....	page 11
Classifieds.....	page 12

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Carmel Valley Sun

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The Cover

Boating at lake Lower Circle.



The storm brought about some changes in our tranquil river and creeks. (Top) This huge log was diminished by the river size and current. (Above) Water ran swiftly down many of the roads.



(Top) Southbank Road creeks almost reached the tops of their banks. (Center) Tassajara Rd. was blocked by this huge boulder. (Bottom) The Fire Department has sand bags and Flood Control manuals that are available to residents.

REWARD

For information leading to the arrest of the person(s) who illegally entered the house at 47 E. Carmel Valley Rd. (3½ miles east of the Village), Thursday, February 13 at approximately 1:15 p.m.

Items stolen: Child's red/white plastic baseball bank with approx. \$30; 3 cut, unset garnets; small, blue silk, Chinese purse with approx. \$25; silver coins/silver certificate.

PLEASE! Let's work together. We live in an isolated area and must watch out for each other. Who knows who will be next.

Call the C.V. Sun at 659-2950 or write c/o REWARD, P.O. Box 744, Carmel Valley, CA 93924.

Carmel Valley

HAIR CENTER

a full service salon...

invites you to try our new

WOLFF TANNING SYSTEM

Special Introductory Prices

1st Visit **FREE**

Open 7 days a week & Wed.-Sat. eves.

We carry all major product lines including Nexxus, KMS, Lanza, Sebastian, Redken, Mastey & Focus 21.

February and March Specials

FACIALS

HAIR WEAVING

- ★ Brighten your winter hair
- ★ Blend old color
- ★ Cover gray

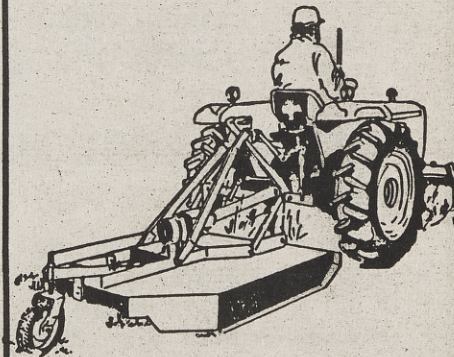
only \$30-\$60

- ★ Skin Consultation
- ★ Deep Pore Cleanse
- ★ Facial Massage & Stimulation
- ★ Moisturizing & Skin Conditioning
- ★ Make-up Application

\$15.00

Call Jodi, Sheryl, Gretchen or Susie
Robin Boehlje, proprietor 659-3047
7 Delfino Place, Carmel Valley Village

Jeff Jarvis Tractor Service



Field Mowing
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659-3083

CLUBS

KIWANIS NEWS

by Steve Austin

The Kiwanis Carmel Valley Map and Directory project is now in full swing. Chairman John Hannon expects to end the offering of ad space in the map in approximately 2-3 weeks and, according to John, the response from our regular advertisers has been great. This is not surprising when you consider that for \$25 (same price for the last 5 years) the person writes their own ad copy, and gets identified by location on the only annually updated map of Carmel Valley in existence. We expect to distribute at least 10,000 copies as we have each and every year. Smart business people recognize the value as well as the satisfaction of knowing that all profits are returned directly to the community. John has organized the club into five separate teams to sell the ads. The team captains are Bill Marshall, John Allen, Dick Clarkson, Larry Busick and Ralph Auer. With teams of eight or more the groups will be canvassing the Valley from Highway 1 to the Village so please welcome them when they come to call.

At our February Directors meeting

we had the pleasure of voting to renew our \$400 sponsorship of the Carmel Valley Little League Team The Indians. In addition the directors thanked A.J. Stotler, COMSAT, for his generous donation of a long needed projector stand for our Tuesday luncheons. Also Col. Dick Clarkson reported that he is investigating a grocery cart suitable for use by those in a wheel chair. If one can be found the club would consider donating it to Rippling River. Anyone with information, please let us know. Finally, treasurer (for life) Harold Fly showed letters of thanks from the children who received our teddy bear donations during the Christmas holidays.

The club decided to forego our annual Valentine's Day luncheon due to planning difficulties and chose, at the recommendation of Col. Dick Clarkson, to hold a "Spring Fling" for our Kiwanis families instead. Dick our Spiritual Aims Committee chairman has found that he seems to have become our official party organizer as well. Dick is not sure how this happened but the club has truly benefit-

ted from his efforts. Thanks Dick!

Once a month our club joins the ten other Kiwanis clubs in our area for a Division Council Meeting under the leadership of our Lt. Gov. Jim Russo. All the club presidents and representatives meet to exchange ideas and share current activities in an attempt to better coordinate our community service efforts around the peninsula. This month, after discussion of the upcoming Cal-Nev HA convention in Reno and the International Convention in Houston, the Council met with Rick Mass, General Manager of the Salinas Spurs baseball team. Rick suggested we consider supporting a Kiwanis night at the ball park and if so he would provide "clinics" for all the Little Leaguers in attendance. The professional players would give the children talks on batting and fielding techniques as well as receiving free admission to the game. His idea was en-

thusiastically received and a committee was formed to organize the event sometime in May. More on this as it develops.

Notable speakers this month included Kiwanian John Burd's excellent slide presentation of "Galapagos;" Tax Attorney, Ann Marshall, spoke to the group about trusts and the ever changing impacts of pending legislation; Tor House Foundation member, Alfred E. Smith, gave an eloquent talk about the literary contributions of poet Robinson Jeffers' and his life on our peninsula; and finally, Jim Porter, amateur radio enthusiast discussed the value and joys of this most interesting hobby.

If you would like more information about our club or would like to attend one of our Tuesday, luncheons at Hidden Valley please contact your Kiwanian neighbor or Lou Gardner at the Blue Sky Lodge.

LIONS CLUB NEWS

The Carmel Rancho Lions are still moving.

Contratulations to Charles Mackres, as well as to the entire membership for a great Student Speakers Contest. More than fifty people were in attendance, with more than enough food for all, including a few who were unexpected. The winner this year is Miss Mary Cea, from the Santa Catalina School, who will go on to the Zone Contest in March.

Thanks to many of the local Lions Clubs work was started on the Lions Blind center the week of Feb. 3rd. The scheduled work includes a new roof, electrical system and a reinforced foundation. We Lions have already raised about \$14,000 for the project, but are still short \$6,000.

About fourteen Lions and Ladies attended the Seaside P.D.G. Night on Friday, Feb. 14. This was an important visitation as we are a bit behind the first place club in our category. We hope to be in first place by the end of this month.

Looking ahead, the Hard Times par-

ty will be held as usual at the Salinas Possee Grounds on April 19. Last year we had better than eleven couples in attendance and we hope to do better this year. The price is very reasonable, \$7.99 per couple. Our club is expected to participate by bringing a food item or a donation of some items to be used in the Silent Auction. Better than \$2,000 was raised last year, all of which was donated to local charities.

The Laguna Seca races is scheduled for May 3rd and 4th. We need eight Lions each of the two days. So be ready for a call from chairman Lou Moore. Our next International Convention will be held in New Orleans July 9th-12th. Your president and secretary have the applications. Before that date will be the annual 4 C-6 District Convention in Santa Rosa the week of May 21st thru 25th. Make plans to attend now.

We still need THREE new members if we are to attain our goal of 30 by June 30th, 1986. International Presidents pins will be awarded.

by Frank Catalano

WOMEN'S CLUB

by Maureen Dalton

Blossoms, daffodils, and the new green leaves of the Carmel Valley oak trees are appearing all around us signaling the time for the Carmel Valley Women's Club Spring Luncheon and Fashion Show. Mrs. Shirley Sargent is the chairman of this event which will be held on Wednesday, March 5th at the Hacienda, Carmel.

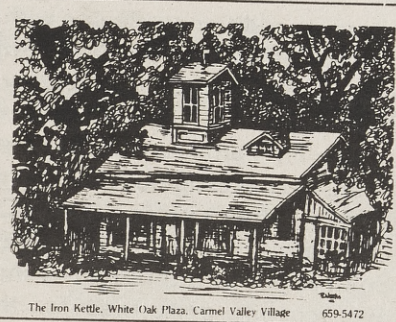
The Fashion Show will be presented by Gerry's Designer Fashions. Gerry's has two locations, one on Cannery Row in Monterey and the other on Carmel Rancho Lane, Carmel.

Many of the Club's ladies will be

modeling the lovely clothes shown by Gerry. A favorite model on the runway is Mrs. Alice Johnson. Mrs. Johnson is well known for her own shoe collection which so beautifully coordinates with the outfits she is modeling. The Fashion Show is a very popular event on the Club's calendar, with many members reserving tables and inviting guests. The luncheon is at 12 noon with social time at 11:30. Reservations may be made with Mrs. Helen Keene at 659-4283.

Visiting in the Valley is former Club

Continued page 11



The Iron Kettle, White Oak Plaza, Carmel Valley Village 659-5472

IRON KETTLE

Look What's Cooking

Bacon & Egg Pie

A subtle blend of whipped cream, eggs, bacon and green onions in a flaky "Kettle-made" crust, accompanied by a fresh fruit garnish.

Breakfast 7-11 Tues.-Sat.

Lunch 11-3 Tues.-Sat.

Afternoon Tea 2:30-4:30 Tues.-Sat.

Sunday Champagne Brunch 10-2

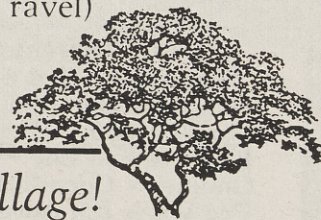
Our new hours will not include Dinner. However, our beautiful historic setting will be available for private dinner parties.

Reservations 659-5472

White Oak Plaza, Carmel Valley Village

VALLEY OAKS TRAVEL

(formerly Countryside Travel)



THE travel agency in the Village!

- ☆ We're starting 1986 with a new name and a beautiful new office.
- ☆ We continue our experienced, friendly and personalized service.
- ☆ We are computerized and handle all airlines, as well as Amtrak.
- ☆ Let us "custom fit" a tour or cruise for you.

659-3355

CAROLINE TUGEL
JANETTE CHAPMAN

12 Del Fino Place
Carmel Valley

ENTERTAINMENT

Classes To Start For Art, Writing, Photography

Dan Derr, local designer/photographer is now giving instruction to individuals and groups in art, design, photography and creative writing. Courses are tailored to meet individual needs and capabilities for adults, teens, and children. Private tutoring is available, including such for the invalid and handicapped. Costs range from \$10 per one-third hour session, with twelve session courses at \$100.

Mr. Derr studied writing and art at Loras College (Iowa), received a bachelors' degree in Art Education from the University of Bridgeport

(Connecticut), studied sculpture and photography in the Masters' Program at Pratt Institute (NYC), and studied film and video production at MPCC. Before relocating to the Monterey area he was director of photography for a San Francisco area advertising agency. In addition to teaching on both coasts, he has free-lanced in design and photography and operated several agencies and studios.

For more information and scheduling, please call 659-5586, 659-2800, 659-2950, or write P.O. Box 616, Carmel Valley, CA 93924.

Symphony Concert To Feature Cellist

The Monterey County Symphony Orchestra under the direction of Clark E. Suttle will present its fourth concert of the 1985-86 season on February 23, 24, and 25. Guest Artist for this concert set will be cellist Leslie Parnas.

In a field of great names, Leslie Parnas has emerged as a major contender for the mantle worn so long by Pablo Casals and Piatigorsky. Both men played highly significant roles in the development of Mr. Parnas: Piatigorsky as his teacher at Philadelphia's Curtis Institute and Casals as his mentor.

After winning the grand prize at the Tchiakovsky Competition in Moscow in 1962, Mr. Parnas achieved international fame and recognition. He became much in demand as an orchestral soloist and recitalist throughout the United States and Europe. He has toured Russia six

times. In addition to playing with such orchestras as the New York Philharmonic, the Boston Symphony, the Philadelphia Orchestra, and many others, Mr. Parnas is a charter member of the most prestigious chamber music society in the country: Lincoln Center Chamber Soloists. The Chamber Soloists perform throughout the U.S. and recently performed for the inauguration of President Reagan.

Leslie Parnas will be performing the Saint-Seans' *Cello Concerto No. 1*. Also on the program will be Beethoven's *Lenore Overture No. 3* and Shostakovich's *Symphony No. 5*.

The concert will be presented at the Sunset Theater in Carmel on Feb. 24. Concerts will also be presented in Salinas and Monterey. The concerts begin at 8 p.m.

For more information call 624-8511.

Staff Players Open At Indoor Forest Theatre

The Staff Players Repertory Company, playing in the Indoor Forest Theater in Carmel, will open the Spring season with *The Intellectual Ladies* by Moliere, on Thursday evening, Feb. 27 at 8 p.m. The play will

continue on Friday, Saturday and Sundays at 8 p.m. through March 23, with two extra Sunday matinees to be announced.

For reservations call 624-1531.

VIDEO VIEWS

Courtesy of Valley Video
by Jim Greenan

Breaker Morant, The Man From Snowy River, Tim and Gallipoli lead the way in a strong wave of Australian film making with more life, honesty and plain good movie production than 90 percent of current American efforts.

Unfair, I suppose, to use *Breaker Morant* as an ordinary example of Australian motion pictures since it not only won the Cannes Festival award for best supporting actor, but also ten Australian Academy Awards including Best Picture, Director and Actor.

Breaker Morant is based on a true account of one of history's most controversial military court-martials. Edward Woodward plays Harry (Breaker) Morant, a lieutenant leading a mainly Australian commando unit in the Boer War in South Africa in 1901. Enraged by the senseless and brutal killing of a British captain by the Boers and guided by the unspoken directive from the supreme British commander, Lord Kitchener, Morant takes no prisoners, executing captured Boers as his unit fights its way through the rolling hills and plains of South Africa.

Arrested with his second-in-command, brilliantly acted by Jack Thompson who won the award for best supporting actor, they are tried for murder by a British courts-martial. Despite being freed during their imprisonment for the court-martial to lead the effort to repulse a savage attack by the Boers, they are returned to their cells after the attack and the trial grinds inexorably on. This excellent film is not for the timid, dealing as it does with war, life and death in the most direct manner. *Breaker Morant*, along with the other Australian pictures, is very highly recommended.

The difference between Australian film making and European and American efforts is tricky to pin down. One Valley resident videophile, a former lecturer on cinema at a southern university, says this: American's tend toward action and pace; European film to relationships, while Australian's to action and relationships. He added quickly that he was generalizing, of course, and there were notable exceptions such as the American film, *The Killing Fields*, to cite one example.

I agree with this, but like better the way the children of another bright Valley video cassette fan put it. It seems her children categorize rock groups as "posers" and non-posers". The idea seems to be that the good contemporary musician-singers-talents they like are "non-posers", while others are "posers", the dividing line being those that stage their persona. Bruce Springsteen, for example, a non-poser, while Boy George and the Culture Club would be posers.

That's what I think Australian film is about—non-posers, the authentic stuff, honest and vital.

In fairness to American film, in many cases they have another problem of trueness to work against. American's have the star system that will make a fine actor like Robert Redford try to play an English guide/hunter in a picture like *Out of Africa*. Given the star Redford is, the perception is that Robert Redford is playing the part of the English hunter, no matter how skillfully he acts the role. This same problem is true of Streisand, John Wayne and James Garner to name just

Continued page 11

INTRODUCING

LAZER NAILS

STRONG ★ QUICK ★ EASY

Nails by
René

659-2582



Talbot Building, S4, in the Village

659-3131

ENTERTAINMENT FROM 9:00 to 1:00



CARMEL
VALLEY
INN

Carmel Valley Rd.
& Los Laureles
Carmel Valley

Fri. & Sat., Feb. 21 & 22
Broadway Blues Band

Wed. & Thur., Feb. 26 & 27
Tony Sheppard

Fri. & Sat., Feb. 28 & March 1
Coast Ridge Boys

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THE CHAMBER CONNECTION

The most important challenge facing the Carmel Valley Chamber at the present time is the successful implementation of its Incubator Project at Mid-Valley. Recently, a proposal for this project was made to the County's Overall Economic Development Commission that would grant the Chamber monies from the transient occupancy tax monies for economic development. President SAL NICITA, Treasurer JUDY CASWELL, and your Executive Director traveled to Salinas to appear before a sub-committee of the OEDC to present and justify the proposal. That sub-committee passed along its recommendations to the entire Commission who in turn made a recommendation to the Board of Supervisors.

All concerned liked the concept and, as a result, the Board of Supervisors, acting upon the OEDC's advice, recommended your Chamber be funded to begin and maintain the project for six months.

The concept is simple. Many would-be entrepreneurs are unable to open their own businesses because of prohibitive office rents. In an incubator, rents are kept as low as possible, and businesses are generally compatible. Like a baby in an incubator, the business in the incubator is supported and nurtured until it is able to "breathe" on its own.

In the Chamber's incubator, there are six offices which may or may not

be divided to accommodate two budding entrepreneurs. Two highly compatible businesses most certainly could share; otherwise, it's best for each business to have its own space. What we need now is a woman who can provide an excellent, repeat, excellent secretarial service to support the incubator businesses and herself as well. Each incubator business would seek its own clients, the only restriction being to support each other as much as possible. Any reader interested in participating in the Incubator Project, please contact the Chamber office for an application form.

This is an exciting and relatively new concept. We are the only organization in Monterey County doing an incubator for service businesses. The City of Salinas is setting up an incubator for retail businesses, and is most interested in our project.

The owner of the Briarwood Building (where the project will be located) is FRANK MANNING, owner of Valley View Realty and a Chamber member. FRANK has been most helpful in assisting us with our plans, and we are truly grateful.

Gaining funding for the Incubator Project was a coup for the Carmel Valley Chamber. We now have to prove to the Supervisors and ourselves that we can carry it through successfully.

Until next time...

NETWORKING

by Grace Darcy

The Professional Women's Network is alive and well and growing daily, thank you. The Network's 3rd Installation Dinner at the Carmel Mission Inn was a smashing success. Not only did we name the Network's 1986 Woman of the Year, but we also had the privilege and pleasure of hearing one of the world's best loved screen legends as our guest speaker.

All right, I won't keep you waiting any longer. KARIN STRASSER KAUFFMAN is the Network's 1986 Woman of the Year. KARIN has been a member of The Network almost since its beginning, and she has been highly supportive of its aims and goals. Since her election as 5th District Supervisor, KARIN has continued to network with PWN members and has named several qualified Network women to County Commissions and Committees. She has supported the creation of a separate position for a County Affirmative Action Officer, and she continues to support the work and ideals of women throughout the County and the country and the world. It was an honor for your reporter to serve on the Committee that nominated KARIN. She has indeed earned the honor. KARIN we are SO proud of you!

■ The guest speaker at The Network's Installation Dinner was the inimitable JOAN FONTAINE, Academy Award winner, superb actor, star of stage, screen, and television. Not only did Ms. FONTAINE tell us about the business of acting—her own personal experiences in the acting profession—but she also answered questions from the women and men who were present. Her style and grace, her marvelous

voice, her candor, and her warmth made The Network's 3rd Annual Installation Dinner an outstanding success...what an example and role model JOAN FONTAINE is for all working women!

Of course, the object of any Installation Dinner is to install new officers, and the PWN event is no different. Our new president is Carmel attorney ELIZABETH A. FIELD. The reins of office were turned over to ELIZABETH by outgoing president CANDACE SNOW, one of The Network's founders. President FIELD then introduced her officers—CAROL DONALD, vice president; LESLIE SIMON, treasurer, and GRACE DARCY, secretary. She also introduced the entire Board who will support her for the coming year. They are, in addition to the officers, KEDRON BRYSON, PAM MANGELSDORF, BETTE PHILLIPS, BETTY POWELL, and MARTHA ELIN VERNAZZA. Ms. SNOW will remain on the Board as Past President for the rest of the year.

■ As one of her first actions as president, Ms. FIELD will conduct the February evening meeting, and she asks ALL Network members to attend. An open forum focused on The Network's aims and goals for 1986 will constitute the agenda for the meeting, and each members input is vital. This month, the PWN meeting will be held on Thursday evening, Feb. 27. Please note this date change as Network meetings always take place on the 4th Tuesday of each month. The Crossroads Room was not available to us on Feb. 25, and thus the date and day change.



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What are bifocals? Bifocals are eyeglasses that contain two vision correcting prescriptions within each lens. They are prescribed when an individual needs different strengths of vision correction in order to see clearly at both near and far distances. They are typically prescribed for persons who are over forty whose ability to focus on close objects has declined.

Can bifocals also help children and teens? Although bifocals are most often prescribed for patients over 40, it is not uncommon for eye doctors to prescribe bifocals for children and teens. This occurs because bifocals may provide the best solution to a youngster's vision problem.

What are some specific reasons that children and teens need bifocals for? Bifocals are prescribed for younger persons to correct poor visual acuity (clarity of vision) at various distances. One use is for nearsighted persons who need a stronger prescription to see clearly in the distance than up close. In this case, bifocals are sometimes recommended to reduce the amount of stress placed on the eyes during close work. They may also be prescribed to help a child learn to focus and aim the eyes correctly. Some children may exhibit symptoms of strabismus (crossed-eyes) when

looking at very close objects. In this instance, bifocals may be used to help the eyes learn to aim correctly.

Aren't bifocals for children a sign of bad eyesight? A young person's need for bifocals does not necessarily mean very poor eyesight. Rather, it means that the child had a thorough vision examination of his or her overall vision needs and, that if the proper correction for distance and for near vision is not the same, bifocals may be the most convenient way of providing both prescriptions.

What types of bifocals are available for my child? A bifocal lens generally consists of two vision correcting segments and the shape and size of each can vary widely. Some have very small near vision segments while others are split in the middle containing an equal portion of each. There are some types of bifocals that gradually change in power from the distance vision segment to the near vision segment, eliminating the line in the middle. These are known as progressive addition lenses. Your doctor will review your child's specific needs and will recommend the type of bifocal that will best meet those needs. Since there are quite a number of factors involved in the wearing of bifocals, it is best to follow your doctor's advice.

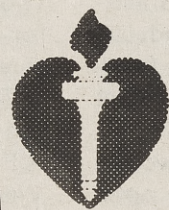
Will my child have difficulty adapting to bifocals? With proper parental encouragement, most children adapt to wearing bifocals quite easily. Actually, children and teenagers generally have fewer problems than adults in adapting to bifocals.

How long will they have to be worn? Depending on the vision condition, the need for bifocals can sometimes be eliminated. If the bifocals are prescribed to help a child's eyes focus and aim correctly, they may not be need-

ed if these skills improve as the child grows older. In cases where the bifocals are needed to correct visual acuity, however, they may have to be worn indefinitely.

How will bifocals affect my child's lifestyle? Once your child has adapted to wearing bifocals, they should not significantly affect his or her lifestyle at all. Your child's interest in school, sports, and other endeavors may even improve because of the child's ability to see better and easier than before.

HELP YOUR HEART



American Heart Association
AHA

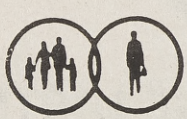
Consumers are generally concerned about getting the best for their grocery dollar while at the time assuring healthy food selections for themselves and their families. A particularly high cost item in most families' food budgets is meat, poultry and fish. The American Heart Association (AHA) offers some hints to help get the most for your food dollar.

- Use moderate sized portions of fish, poultry or lean meat. AHA's dietary guidelines recommend 5 to 7 oz. per person daily from this food group, and AHA suggests fish and

poultry be eaten more frequently than red meat.

- Frozen fish is often less expensive than fresh fish.
- Make your own frozen prepared foods, such as stews, spaghetti sauce or casseroles.
- Combine dried beans, peas, lentils with chicken, fish or leftover meat. This will provide a satisfying, protein-rich dish.
- When substituting dried beans and peas for a meat course, remember pre-seasoned dried beans are more ex-

Continued page 11



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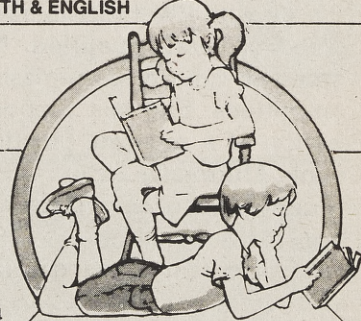
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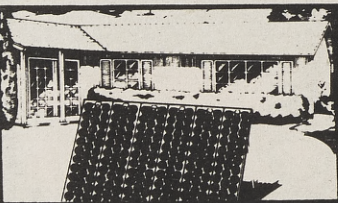
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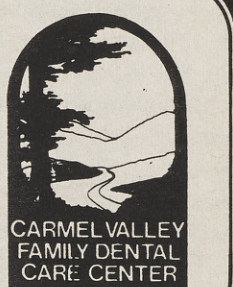
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COMMUNITY CENTER REPORT

by Louise Riddell-Kaufman

The Carmel Valley Community Youth Center is a community center in the fullest sense. Our programs are designed to meet the needs of the entire community. Youth programs which are the stated priority comprise two thirds of our activities; the remaining third are geared toward the adult and senior populations.

The Center maintains a park facility year round which includes a volleyball court, horseshoe pits, barbecues and picnic tables. There is an olympic size pool which offers programs for individuals from 8 months old to adulthood.

Social activities and programs offered by the Center include a weekly Thursday evening Bingo game run by volunteers, a summer day camp, and an adult drawing class. In addition, a Bridge Club meets every Thursday morning from 10-12 a.m. New players of all levels are welcome in this non-competitive game.

There are also art classes for children in first through fifth grades which are still accepting students and Mary Berta, who tutors students of all ages in reading and math for enrichment or remedial purposes. The Alliance on Aging holds an Information and Referral Service in the office of the Youth Center every Wednesday from 12:30 to 1:30 p.m.

The Center addresses special needs of the community by offering reduced or free rental rates to groups such as Alcoholics Anonymous, Narcotics Anonymous, Brownies and the Campfire Program.

The Board of Directors of the Carmel Valley Community Youth Center is currently formulating long range goals. We encourage you to share with us your dreams for the Center. We want our plans to be guided by the needs of the community—so please give us your input.

For the services that we offer, the Center depends upon the financial support of the community which provides 70 percent of our annual budget through donations, memberships, fund raising events and participation in programs. The Center will be reaching out this month to request your support in a phone-a-thon on March 3 as part of our annual membership drive. This year the Center is implementing a rate differentiation scale for the first time for members, non-members, and non-residents as an incentive to join the Center. The rate scale will effect swimming lessons,

swim passes, and rental of the facilities. We hope that this new policy demonstrates our appreciation to those who have given us their support. We hope that you will be among the supporters on March 3 when you hear from us.

In addition to financial support, the Center is in need of volunteers. The extremely high level of volunteer energy demonstrates the dedication of the community to the Center. We estimate that 6,000 hours of volunteer effort will be donated to the Center during the 1985-86 year. We are looking to increase our volunteer task force to help with special projects and events (such as Monte Carlo Night). The assistance is needed on an irregular basis and can be as much or as little time as you wish to give. The Center is also seeking volunteers for our Board of Directors.

This is a way to truly demonstrate your care and commitment to the Center. If you are interested in joining our Board of Directors and getting involved in the operations of the Center, please call Bob Heald at 659-2021 or 659-3772.

The Carmel Valley Community Youth Center is a place for the community to share but it depends on your support to exist and grow. We invite you to come to the Center to enjoy our activities and facilities and hope you will support it financially and/or as a volunteer. Let's work together to give Carmel Valley the best Center possible.

If you have any questions on programs or the facilities call me, Louise Riddell-Kaufman, 659-3983 any weekday morning.

GOING MY WAY

Part Two: Malaria

Malaria is not confined to remote and rural areas so anyone anticipating a trip to the tropics should determine if malaria is prevalent in the area. An excellent source of such information is IAMAT, International Association for Medical Assistance to Travellers, 763 Center Street, Lewiston, N.Y. 14092, (716) 654-4883, the organization we described in our last column in the January 8 issue of the *Sun*. Ask for their World Malaria Risk Chart and the pamphlet, *How to Protect Yourself Against Malaria*. This information will include a world map and a complete description of the risk in each country where malaria is endemic.

For example, suppose you are going to visit Panama. It is in the shaded area on the map, so you look up the description: "Malaria risk is present throughout the country excluding urban areas. There is no risk along the Panama Canal, however, risk is present in the areas east of the Canal

where both the chloroquine and Fansidar regimes must be followed. This also applies to the area of Lake Gatun west of the Canal. West of the Canal, risk is present along the Caribbean and Pacific coasts, where a chloroquin regime must be followed."

Other, up to the minute information on endemic disease or epidemics that are occurring in areas you expect to visit can be obtained by calling Worldwide Health Care Abroad at 1-800-368-3531, extension 49. They have constantly updated data from the U.S. Public Health Service, Center For Disease Control, U.S. Dept. of State, and the World Health Organization. For example, their current bulletin advises an epidemic of meningitis occurring in India and Nepal for which an effective vaccine is available.

Usually, in areas where malaria is present, other tropical diseases are also endemic. Fortunately, immunization for these diseases are effective

and should be obtained several weeks before your trip. IAMAT's World Immunization Chart will make specific recommendations. For example, you wish to visit Singapore: You have determined that there is no danger from Malaria. However, Dengue Fever, which is also spread by mosquitos is sometimes seen, especially during the rainy season; the usual mechanical protective measures against mosquito bites should be instituted. Also vaccination is suggested for Infectious Hepatitis, Diphtheria, Polio and Tetanus.

The time it takes to know the potential health hazards of travel and then to complete the necessary preventive measures is well worth the effort. You need not be afraid to travel anywhere in the world if you apply this knowledge. Then you will know you are safe; you can relax and really enjoy the trip. Bon Voyage!

Travel Tips by Thom Gulliver
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Women's Club Continued from page 5

member Mrs. Nancy Sigmund and her husband Bill. The Sigmunds are now residing in Dayton, Ohio, and are enjoying seeing all their old friends.

The February luncheon at Chef Lee's Mandarin Restaurant in Monterey was well-attended. The delicious luncheon of Chef Lee's specialties and the program following contributed to a special afternoon. Mr. David J. Shoemaker, Projects Manager of the New Systems Training Division at the Defense Language Institute was the speaker. His topic was the culture and economic situation of China today. He spoke extensively of the failure of American corporations' investments in China. The ladies of the Club and their guests found delightful and exciting fortunes in their dessert cookies. Club president, Mrs. Beth Morrow, found in her cookie promises of travel to "far away places." Mrs. Morrow's husband, Ralph, has surprised her with tickets for a cruise in mid-April.

The Chinese New Year of the Tiger promises to be a healthy and happy one—at least for the ladies of the Carmel Valley Women's Club! Gung Hoy Fat Choy!!!

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Help Your Heart Continued from page 8

pensive. Experiment with herbs and spices and learn to season your food yourself.

- Buy "good" or "standard" grades of beef. They are the leanest and contain more protein and less fat than "prime" or "choice" grades.

- The larger the turkey or chicken, the more meat in relation to the bone and the more servings per pound.

- Buy a whole chicken and cut it up yourself rather than buying chicken parts. Also, if your recipe calls for boned chicken breasts, bone them yourself.

- Chicken, turkey and fish often cost less than

Video Views Continued from page 6

a few. As yet, Australian productions do not have that problem.

Asking some other video cassette fans of the teenage group what they liked, I heard some interesting things. They tell me that *Nightmare On Elm Street* is a uniquely frightening movie, that it builds from a premise that is believable or at least possible (Stephen King's forte). Dreams can be real, says *Nightmare*, and if you keep dreaming and don't wake up in time, the razor fingered madman in your dream will have you

Talks To Discuss Past Life Research

A series of talks, presented by Nadya Giusi, licensed Marriage, Family, Child Counselor will begin Feb. 26 at 7 p.m. at the Crossroads Community Room, Carmel. Admission is free.

Ms. Giusi uses past life regression as a therapeutic technique in order to help many of her clients resolve conflicts and problems. She has been doing research in this area for 8 years and will be discussing her find-

ings. Her research challenges many basic beliefs and attitudes in psychology.

The American Heart Association points out that proper food selection and preparation are the keys to nutritious meals. All food groups—fish, poultry, lean meat, low-fat dairy products, fruits, vegetables, cereals and grains—should be included in the diet, and cost of food alone will not assure good nutrition.

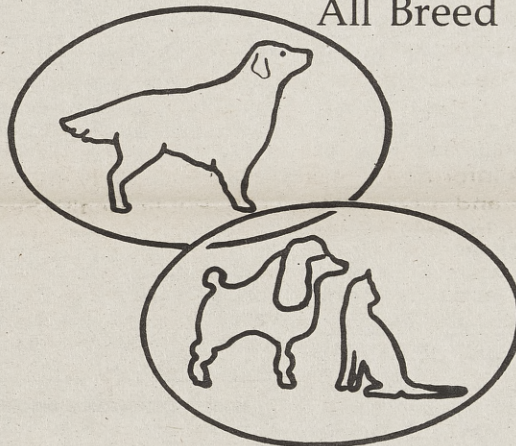
Many factors can influence your total budget: What foods you buy, where you live and shop, how much time you have for meal preparation, and how carefully you plan your meals.

waking up dead. *Nightmare On Elm Street*, I'm told, is well acted and although not without gore, is well this side of such grossness as the *Texas Chain-saw Massacre*.

The Last Dragon is one of the best karate style flicks, my teen informant tells me. Funny and well put together, it follows a young Harlem boy's search for his martial arts master and something mysterious and intriguing called a "glow." Good, I'm told.

MID VALLEY PET SPA

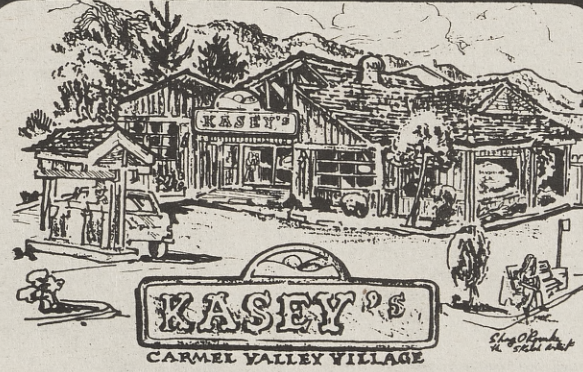
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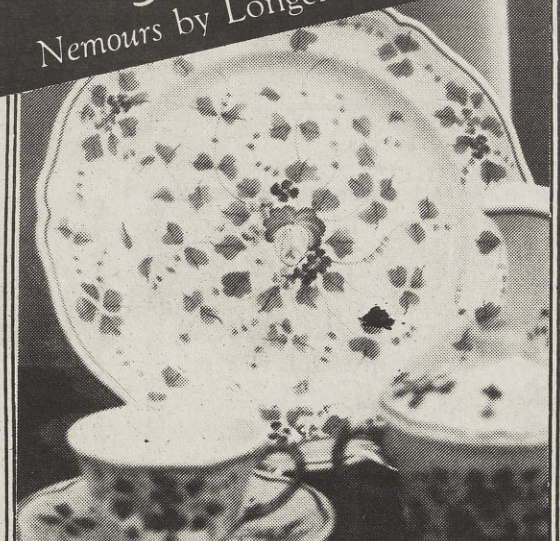
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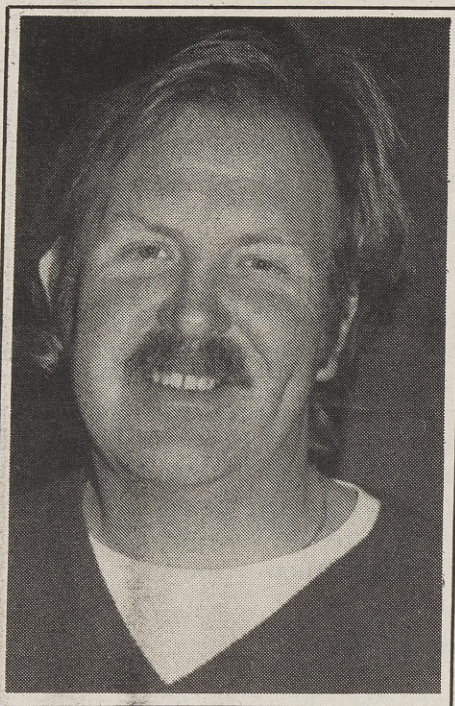


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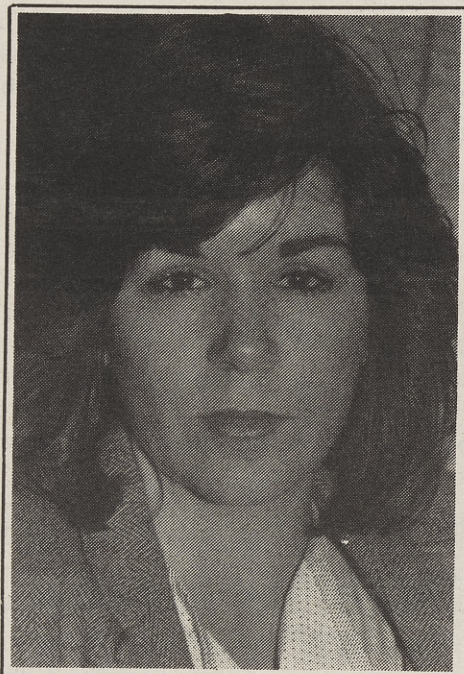
VALLEY VOICES

Photos by Debi Effron.



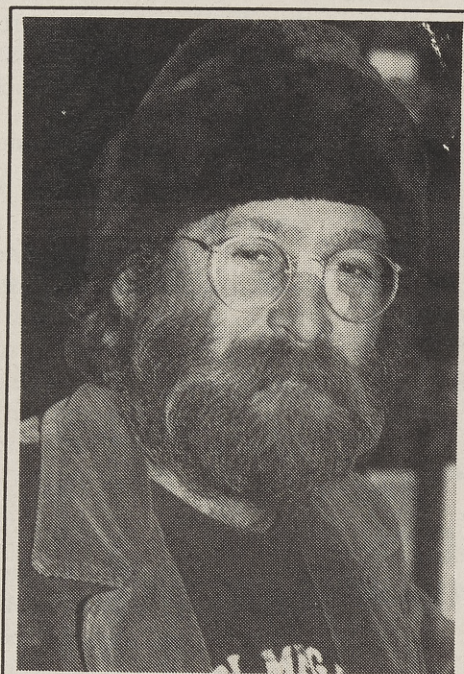
Matthew Cervelli

"Driving up to Tahoe in a 1966 Pontiac convertible in a snow storm with the top down."



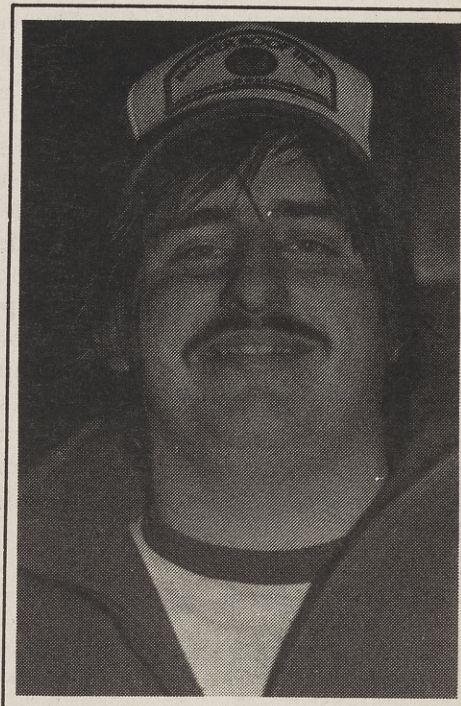
Bambi

"This has been the scariest storm I've ever experienced."



Bill Meneke

"Was with my last wife."



Chris Romis

"Was probably when the landslide was at Mid-Valley."

TRADING POST

SERVICES

Judy Rowley's Home Animal Care visiting pet care while you're away. 659-4609.

Furniture refinishing & repairing, antiques & modern, complete restoration, kitchen cabinets. Pick-up & delivery. Star Refinishing Co. 1-Delfino Rd. C.V. Village 659-3019.

Garden cleanup 659-3083

Concerned about your drinking water? Try our counter top water filter for three days FREE. You won't want to give it back. Call Jeff Frye at 659-4593.

Pure water. Now you can drink clean, chlorine-free water. Multi-pure is guaranteed to effectively remove harmful bacteria, pollutants, toxic metals & dirt. 659-5675.

TYPEWRITERS REPAIRED. 659-5456

Roofs & rain gutters cleaned, windows washed, rubble hauled away. Call Crystal Clear Bldg. Maintenance. 372-6036.

BUSINESS OPPORTUNITY

Own your own bus. Get in on the fast growing bus. of tanning & toning bodies. For more info call 408-663-2964 or toll free 1-800-523-7435.

COMMERCIAL RENTALS

Mid Vly Shop. Cntr., approx. 2,177 sq. ft. retail com. space for rent 60¢/sq. ft. call Nancy or Clare 659-2267.

REAL ESTATE LOANS

TURN YOUR real estate notes into cash by selling or borrowing. Call Dave (916) 448-1299.

ANNOUNCEMENTS

Do you want to stop eating compulsively? Overeaters Anonymous meeting Carmel Valley Village Tues. & Fri. Noon 1 hr meetings. No dues or fees call 659-5290, 659-3392.

LOST & FOUND

Lost Dalmation dog, Carmel Valley Village. Red collar, Monterey tags. Answers to Nick. 659-5610.

13 W. Carmel Valley Rd.



A NEW Full Service Salon in Carmel Valley
Vidal Sasson trained

Devannie's Hair Design

(formerly with Shirley Bradford Hair Design)

TUES-SAT 9-6

14 E. Carmel Valley Rd.
659-2237 or 659-4024

Kim's Carmel Valley CLEANERS
White Oak Plaza
659-4922

There IS a difference in dry cleaning...
"And we're striving to serve you better."

★★★SPECIAL★★★

Bring in any 3 items and get 1 pair of pants cleaned free!

With this coupon

★ Same Day Service (If in by 11:00 a.m., out by 5:00 p.m.)

★ Free take down & re-hang for draperies

REASONABLE PRICES

Yes, there is an alternative to high feed prices in Carmel Valley!

Whether it's King Brand, Nutrena, Purina, Carnation or other popular brands of animal feeds, THE FEED TROUGH will deliver to you right here in Carmel Valley—and at prices that are hard to beat!

Hay, straw, and shavings, too!

Better dog and cat foods are our specialty.

We'll deliver pet supplies and animal care products, too—right to your door.

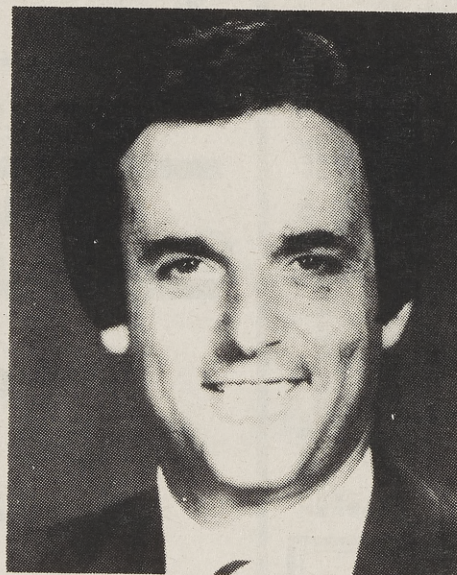
THE FEED TROUGH FEED STORES
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422-8229

Since 1980
Kris Dorch, Proprietor

"Great and small, we feed them all!"

Operations and hospital rooms cost more than you think...

Check with State Farm for hospital-surgical insurance.



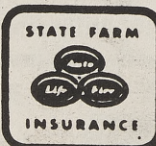
Call:

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Carmel, Ca. 93923

Off: 624-6466

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